

Cassandra S. Vanderpool, MS, RDN, LD

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EDUCATION

Master of Science-Nutrition, with distinction

University of New Mexico, Albuquerque, May 2006

Research: Culturally appropriate nutrition education materials for Vietnamese caregivers of young children, as approved by the Human Research Review Committee.

Bachelor of Science-Nutrition/Dietetics, summa cum laude

University of New Mexico, Albuquerque, May 2004

Bachelor of Science-Biology, Chemistry minor, with honors

New Mexico State University, Las Cruces, May 2000

SPECIALIZED TRAINING

Certificate of Training in Obesity Interventions for Adults

Commission on Dietetic Registration (CDR), Las Vegas, NV, March-May 2018

Interdisciplinary Care of the Child with Pulmonary Disorders Training Program

Pediatric Pulmonary Center, University of New Mexico Hospital, Albuquerque, August 2005-June 2006

Leadership Education in Neurodevelopmental and related Disabilities (LEND) Training Program

Center for Development and Disability, University of New Mexico, Albuquerque, August 2005-May 2006

Leadership Education Excellence in Pediatrics (LEEP) Training Program/Track II Dietetic Internship

University of New Mexico, Albuquerque, August 2004-May 2006

PROFESSIONAL EXPERIENCE

Extension Associate II

New Mexico State University, Department of Extension Family and Consumer Sciences, Las Cruces and Albuquerque, August 2010-present

Course taught: HNDS 201 The Field of Dietetics

Health Educator

PRO Unlimited, Cigna, Albuquerque, NM, April 2015-present

Independent Contractor

Nutrition, health, and wellness services, Albuquerque and Las Cruces, NM and Austin, TX, May 2006-present

Administrative Assistant

New Mexico Dietetic Association, Albuquerque, NM, May 2006-May 2008 and May 2009-May 2011

Clinical Nutritionist

University of New Mexico School of Medicine, Center for Development and Disability, Albuquerque, January 2007-July 2008

Lecturer I/Assistant Program Director of the Dietetic Internship

University of New Mexico, Department of Individual, Family, and Community Education, Albuquerque, August 2006-May 2008

Course taught: NUTR 550 Applied Dietetics Practice

Research Assistant

University of New Mexico Health Sciences Center, Center for Promotion and Disease Prevention, Albuquerque, May-July 2005

Diet Technician

Specialty Hospital of Albuquerque, NM, September 2002-January 2005

PROFESSIONAL AFFILIATIONS**Academy of Nutrition and Dietetics/American Dietetic Association, 2004-present**

New Mexico Academy of Nutrition and Dietetics Treasurer, 2018-present

New Mexico Academy of Nutrition and Dietetics Webmaster, 2014-2017

New Mexico Academy of Nutrition and Dietetics Nominating Committee Chair-Elect/Chair, 2012-2014

Austin Dietetic Association Website Coordinator, 2008-2009

Current member of the following Dietetic Practice Groups: Nutrition Education for the Public, Diabetes Care and Education

eXtension, 2010-present

Current member of the following Communities of Practice: Evaluation, Learn, New Mexico State University

Society for Nutrition Education and Behavior, 2011-present

Current member of the Special Interest Division: Food and Nutrition Extension Education

New Mexico Diabetes Advisory Council, 2012-present

Treasurer, 2020-present

American Association of Diabetes Educators, 2013-present

Assisted with the Cultural Diversity table at the Communities of Interest fair at AADE16

New Mexico Chronic Disease Prevention Council, 2017-present

National Extension Association of Family and Consumer Sciences, 2010-2012, 2017

Served on the Hospitality Committee for the 2011 NEAFCS Conference

American Evaluation Association, 2010-2011

HONORS AND AWARDS

Kitchen Creations inclusion in the American Diabetes Association's Diabetes Support Directory

One of eight programs to be accepted into the Practice-tested Directory, 2019

1st Place National Winner Family Health and Wellness Award (Team)

National Extension Association of Family and Consumer Sciences, 2018

1st Place Western Region Winner Family Health and Wellness Award (Team)

Western Region Extension Association of Family and Consumer Sciences, 2018

1st Place State Winner Family Health and Wellness Award (Team)

New Mexico Extension Association of Family and Consumer Sciences, 2018

Emerging Dietetic Leader Award

New Mexico Academy of Nutrition and Dietetics, 2012

Outstanding Dietetic Student Award for the Dietetic Internship

New Mexico Academy of Nutrition and Dietetics, 2006

GRANTS

Vanderpool, C. (Principal), Olivas, L. M. (Co-Principal), "Kitchen Creations," June 25, 2020-June 30, 2021.
Sponsoring Organization: NM Department of Health. Award: \$104,300.

Vanderpool, C. (Principal), Olivas, L. M. (Co-Principal), "Kitchen Creations," June 20, 2019-June 30, 2020.
Sponsoring Organization: NM Department of Health. Award: \$110,000.

Vanderpool, C. (Principal), Olivas, L. M. (Co-Principal), "Kitchen Creations," July 6, 2018-June 30, 2019.
Sponsoring Organization: NM Department of Health. Award: \$100,000.

Vanderpool, C. (Principal), Olivas, L. M. (Co-Principal), "Kitchen Creations," August 29, 2017-June 30, 2018. Sponsoring Organization: NM Department of Health. Award: \$132,500.

Vanderpool, C. (Principal), Olivas, L. M. (Co-Principal), "Kitchen Creations," July 1, 2016-June 30, 2017. Sponsoring Organization: NM Department of Health. Award: \$130,000.

Vanderpool, C. (Principal), Banegas-Carreon, L. C. (Co-Principal), "Kitchen Creations," July 1, 2015-June 30, 2016. Sponsoring Organization: NM Department of Health. Award: \$126,050.

Turner, C. W. (Principal), Vanderpool, C. (Principal), "Kitchen Creations a Diabetic Education Cooking Class," April 16, 2014-December 31, 2015. Sponsoring Organization: Presbyterian Healthcare Services. Award: \$8,000.

Turner, C. W. (Principal), Vanderpool, C. (Principal), Banegas-Carreon, L. C. (Co-Principal), "Kitchen Creations and NDPP," June 3, 2014-June 30, 2015. Sponsoring Organization: NM Department of Health. Award: \$157,000.

Turner, C. W. (Principal), Vanderpool, C. (Co-Principal), "Kitchen Creations Cooking School and National Diabetes Prevention Program," May 24, 2013-June 30, 2014. Sponsoring Organization: NM Department of Health. Award: \$215,200.

NATIONAL PRESENTATIONS

"Kitchen Creations: Cooking Schools for Adults with Diabetes." 2019 National Health Outreach Conference, *A Grand Vision for a Healthy America*. Fort Worth, Texas, May 2, 2019. (In Focus Session, Juried Abstract)

"Supporting Expectant Moms with Diabetes." IHS Division of Diabetes Webinar 2018, *Advancements in Diabetes Webinars*, August 14, 2018. (Invited Speaker)

"Kitchen Creations: A Cooking School for People with Diabetes." 2016 National Health Outreach Conference, *All-Aboard!: Building Partnerships for a Healthy America*. Roanoke, Virginia, April 7, 2016. (iGNITE Session, Juried Abstract)

C. W. Turner, W. A. Eastman, D. VanLeeuwen, C. S. Vanderpool*. "Fit Families: Promoting Healthy Habits for Overweight Children and their Families," Food and Nutrition Extension Educators Division Pre-Conference Workshop, Society for Nutrition Education Annual Conference. Kansas City, Missouri, July 23, 2011. (Poster Presentation, Juried Abstract)

C. W. Turner, W. A. Eastman, D. VanLeeuwen, C. S. Vanderpool*. "Fit Families: Promoting Healthy Habits for Overweight Children and their Families," Society for Nutrition Education Annual Conference. Kansas City, Missouri, July 25, 2011. (Poster Presentation, Juried Abstract)

C. S. Vanderpool*, G. Berry, D. W. Lockner, E. H. Ceysens, K. E. Heller, J. T. Cox. "Educating Vietnamese Caregivers about Infant Feeding Practices," Society for Nutrition Education Annual Conference. Kansas City, Missouri, July 26, 2011. (Poster Presentation, Juried Abstract)

STATE PRESENTATIONS

"Dispelling Myths about Diabetes Management." New Mexico Pharmacists Association 91st Annual Convention. Virtual, September 12, 2020. (Invited Speaker)

"Nutrition Media Literacy and other fantastic nutrition claims." New Mexico Diabetes Advisory Council Training. Albuquerque, NM, December 6, 2019. (Invited Speaker)

"Tips for Healthier Holiday Eating." 3rd Annual New Mexico Lions Diabetes Awareness Expo. Edgewood, NM, November 16, 2019. (Invited Speaker)

"Managing Gestational Diabetes." New Mexico Academy of Nutrition and Dietetics Fall Webinar. November 29, 2018. (Invited Speaker)

"Five Ways to Make Healthy Eating Easier." 2nd Annual New Mexico Lions Diabetes Awareness Expo. Albuquerque, NM, November 10, 2018. (Invited Speaker)

"We Have a Problem: Managing Food Allergies in Schools." New Mexico School Nutrition Association Annual Conference. Albuquerque, NM, June 7, 2018. (Invited Speaker)

"Supporting Expectant Moms with Diabetes." New Mexico Diabetes Advisory Council Training. Albuquerque, NM, June 1, 2018. (Invited Speaker)

"Evidence-based Hope for People with Diabetes." 2017 New Mexico Academy of Nutrition and Dietetics Annual Conference, *Put Your Best Fork Forward*. Santa Fe, NM, April 20, 2017. (Breakout Session, Juried Abstract)

"Kitchen Creations: Learning to Serve Up Healthy Recipes Across NM." New Mexico Diabetes Advisory Council Training. Albuquerque, New Mexico, April 1, 2016. (Invited Speaker and Cooking Presentation)

"Kitchen Creations: A Cooking School for People with Diabetes and their Families." New Mexico Academy of Nutrition and Dietetics Annual Conference. Albuquerque, New Mexico, April 11, 2014. (Invited Poster Presentation)

"Making Your Effort Count!" State Ideas about Cooking and Nutrition (ICAN) Annual Meeting. Albuquerque, New Mexico, September 26, 2011. (Invited Speaker)

"Food and Nutrition Conference and Exposition Session Highlights." New Mexico Dietetic Association Annual Conference. Albuquerque, New Mexico, April 2006. (Invited Speaker)

“Food and Nutrition Conference and Exposition Session Highlights.” New Mexico Dietetic Association Annual Conference. Albuquerque, New Mexico, April 2005. (Invited Speaker)