

Sylvia Gabriela Phillips, MS, RD, LD

EDUCATION

PhD, Plant and Environmental Science (In-progress)

Project research: "Folic Acid Fortification of Nixtamalized Corn Products: A Nutritional Perspective"

New Mexico State University, Las Cruces, NM. Expected graduation Spring 2020.

M.S., Family and Consumer Sciences with emphasis in Human Nutrition

New Mexico State University, Las Cruces, NM. 2014

B.S., Nutrition and Food Science

Universidad Iberoamericana, México City, México. 1999

(Coordinated Program accredited by the Academy of Nutrition and Dietetics)

Senior Thesis: Effects of Carbohydrate Gel Supplementation on Mexican Elite Triathletes during an Olympic Distance Triathlon.

PROFESSIONAL LICENSURE

U.S.

Registered Dietitian License No. 1059718

NM Licensed Dietitian – LD-0977

México

Valid Mexican Nutrition professional license No. 3237841

Other trainings:

- CDC-trained lifestyle coach at Emory University. Atlanta, GA. 2013
- ServSafe Food Handler certificate. 2015
- Commission on Dietetic Registration (CDR). Certificate of Training in Adult Weight Management – Level 1. Nashville, TN. 2015

EXPERIENCE

May 2016 – Present/ NMSU-Family and Consumer Sciences

NMSU Dietetic Internship Director (June 2016 – present)

- Develop and maintain strategies for assuring that all ACEND accreditation standards, policies and procedures will be met.
- Maintain DI accreditation, including timely submission of fees, reports, and requests for major program changes.
- Maintain DI intern records, including transcripts and DPD verification statements for admission, rotation schedule, and verification statements at completion with DI verification statements kept indefinitely.
- Maintain complaints about the DI received from interns and others, including disposition of complaints.

- Develop and maintain policies and procedures for effective management of the DI.
- Develop and maintain policies and procedures that ensures fair, equitable, and considerate treatment of prospective and enrolled interns with recruitment, retention, and completion policies.
- Conduct intern recruitment, advisement, evaluation, and counseling.
- Advise intern of requirements necessary to complete a Master of Science in Family and Consumer Sciences.
- Conduct ongoing review of DI curricula to meet the accreditation standards.
- Communicate and coordinate with DI faculty, preceptors and other involved in the program such as the Dietetic Internship Advisory Committee.
- Facilitate the processes for continuous assessment of the DI and intern learning outcomes.
- Serve as a liaison between NMSU, registered dietitians, hospitals or any other facilities/community involved with the dietetic internship.
- Bring seminars, workshops, or trainings to benefits dietetic interns and/or local registered dietitians.
- Recruit adjunct faculty as needed.
- Initiate affiliation agreements with local hospitals, facilities, and other universities as needed.
- Work closely with NMSU Cooperative Extension Service (CES) faculty & staff to provide meaningful experiences and benefits for CES & dietetic internship.
- Promote NMSU leadership in the nutrition field in different capacities, such as the creation of partnerships among local agencies and institutions to provide non-academic education for adults related to nutrition and dietetic topics.
- Translate CES Publications and any other NMSU publications from English into Spanish.
- Represent and create the presence of NMSU internationally in the nutrition & dietetics field.
- Work on different dietetic research projects as required.
- Chair of the NMSU Dietetic Internship Advisory Committee and NMSU Dietetic Internship Selection Committee.
- Member of the Family and Consumer Sciences Department Curriculum & HNDS Search Committees.
- College instructor for HNDS 500, HNDS 560, HNDS 562, HNDS 564, HNDS 566, & HNDS 568.

May 2015 – May 2016/ NMSU-Family and Consumer Sciences

NMSU Dietetic Internship, Assistant Director (May 2015 – May 2016)

- Worked closely with the NMSU Dietetic Internship Director to meet all the ACEND accreditation standards
- Attended supervised practice rotation's site visits in clinical, foodservice management, and community nutrition as needed
- Worked closely with the Extension component to coordinate rotations at both the county and state level for the dietetic interns
- Created new community nutrition assignments to meet specific ACEND competencies

- Modified existing supervised practice rotation's assignments and rubrics as needed
- Coordinated dietetic interns, and meetings with preceptors as needed
- College instructor of HNDS 562 & HNDS 564

May 2013- Present/ NMSU- Extension Family and Consumer Sciences

Program Specialist (October 2014 - Present)

Program Coordinator (May 2013 - September 2014)

NDPP Lifestyle Coach

NMSU-Molina Healthcare National Diabetes Prevention Program (NDPP) – CDC recognized provider - Doña Ana County

- Completed the Diabetes Training and Technical Assistance Center (DTTAC) Lifestyle Coach Training at Emory University (Atlanta, GA)
- Assist in planning and setting up classes across the county
- Assist in developing enrollment forms and translating from English into Spanish
- Recruit and screen possible participants
- Identify those participants who are ready to make changes and commit to a one-year program
- Facilitate groups of participants through a year-long lifestyle change program using the National Diabetes Prevention Program curriculum
- Support participants by providing information, encouraging progress, and working with the group to address any challenges or barriers that arise
- Document attendance and body weight of each participant
- Provide proper documentation of travel stipend for participants

NMSU-Extension Nutrition Programs

- As a registered dietitian, assist in teaching nutrition component of different extension nutrition programs, such as Kitchen Creations & Fit Families
- Help with the translation of materials from English into Spanish as needed
- Help to answer county nutrition questions

Ideas for Cooking and Nutrition (ICAN) – State office (2013-2015):

- Used Federal funding program guidance, recommend policies, curricula, and day-to-day activities to support NMSU's implementation of the SNAP-Ed/EFNEP grant
- Assisted in agenda development, organized, attended and participated in regional trainings for SNAP-Ed/EFNEP. Provided training in person and electronically to the nutrition educators throughout the state as needed. Coordinated yearly required trainings and updates
- Attended managerial evaluations as needed
- Interacted and worked with Regional Coordinators
- Participated in quarterly calls to counties
- Work with and mentor NMSU's Dietetic Interns regarding assignments with the SNAP-Ed/EFNEP grants

- ICAN Social media development (Facebook & Pinterest pages)
- Started the ICAN presence on Facebook and Pinterest platforms
- Created my own photos and also used Photoshop and other university resources to create visual content for ICAN posts
- Ensured compliance with photo copyrights and social media good practices
- Provided daily maintenance to social media pages in accordance with the ICAN nutrition guidelines
- Created and maintained Pinterest boards such as, Ideas for Cooking and Nutrition, Ideas for Cooking with Kids, Lunch Ideas, Summer Meals, Plan, Save & Cook, Easy Recipes, Fun Activities, Healthy Celebration Ideas, New Mexican Cuisine & More, Healthy Kids, Healthy Families, and Ideas de Cocina y Nutrición (in Spanish)
- Provided social media training to ICAN staff as needed
- Followed EFNEP& NMSU social media guidelines

January 2012 – May 2013 / Ideas for Cooking and Nutrition (ICAN) – Doña Ana County Cooperative Extension Service – Las Cruces, NM

Nutrition Educator

- Planned, organized, scheduled and conducted nutrition classes for youth and/or adults
- Assisted in planning and scheduling programs
- Organized and participated in various activities related to the educational program.
- Administered pre and post assessments
- Worked alone and with other educators to plan and coordinate nutrition education lessons
- Networked with local food assistance and social service agencies to recruit participants and arrange classes
- Taught nutrition classes to groups of adults and children. Monitored class attendance of adults and children
- Collected evaluation data from adults and children and submitted reports.
- Identified participants' needs and referred them to appropriate agencies.
- Recruited volunteers to work with groups
- Provided training to child care providers regarding Child and Adult Care Food Program (CACFP) specifics

LECTURES/PRESENTATIONS AND CONFERENCES

- Served as part of the multidisciplinary judging committee for poster presentations at the 9th Annual Spectrum of Healthcare from Mother to Child conference. Texas Tech University. El Paso, TX. 2017
- Poster presentation “A Combined Master’s Degree and Dietetic Internship in a USA College with Predominantly Hispanic Population: Alleviating the Registered Dietitian Nutritionist Shortage.” International Congress of Dietetics. Granada, Spain 2016
- Gave lecture titled “Dietary Guidelines 2015: What’s New and Different”. El Paso Academy of Nutrition and Dietetics. El Paso, Texas. (2016)
- Gave training titled “ICAN Social Media” at the NMSU-Ideas for Cooking and Nutrition; SNAP-Ed/EFNEP nutrition educators. (2014)
- Gave training titled “Recruiting” at the NMSU- Ideas for Cooking and Nutrition; New Mexico Expanded Food and Nutrition Education Program, as part of the Nutrition Educators’ annual training. (2013)
- Gave lecture titled “Diabetes and Nutrition” at the XII Binational Health Week. Mexican Consulate in El Paso, Texas. (2012)
- Gave lecture titled “Nutrition during Pregnancy” through the Hidalgo State Health Services regional hospital. (México)
- Gave lecture titled “Protection of your health through correct food handling and food preparation” Rotary Club. (México)
- Gave lecture titled “Experience in Triathlon” at the Third International Congress of the Mexican Nutrition Society “Ergogenic Aids: From Basis to Application” (2000 – México City, México).
- Attended several courses and congresses, including Food and Nutrition Conference & Expo (FNCE) in 2014 & 2015, the 17th International Congress of Nutrition in Vienna, Austria in 2001, and presented a poster during the 17th International Congress of Dietetics in Granada, Spain in 2016.
- Attended the International Congress of the Gatorade Sports Science Institute three different years both in Chicago, Illinois (1999) and México City.