

Sonja D. Koukel, PhD

Vitae

General Information

Rank/Title: Associate Professor/ Extension Health Specialist
Department: Extension Family & Consumer Sciences
Cooperative Extension Service
College of Agricultural, Consumer and Environmental Sciences
New Mexico State University
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ACADEMIC DEGREES

Doctor of Philosophy (2005) – Department of Applied and Professional Studies, College of Human Sciences, Texas Tech University, Lubbock.
Dissertation: *Teaching style and computer use in Family and Consumer Sciences teacher certification programs: A survey of university faculty in Texas.*

Master of Science (2001) – Department of Education, Nutrition, and Restaurant/Hotel Management, College of Human Sciences, Texas Tech University, Lubbock.
Thesis: *Survey of Family and Consumer Sciences Education Association Members: Organization affiliation and perceived professional development.*

Bachelor of Science (1999 with Honors) – Department of Family and Consumer Sciences, College of Agriculture and Home Economics, New Mexico State University, Las Cruces.
Undergraduate Research: *New Mexico Cooperative Extension Service Home Economists; Perceived Technical Knowledge and Estimated Client Needs.*

Credentials

Certified Healthy Homes Specialist (2010 - Present) – The National Environmental Health Association and The National Center for Healthy Housing.

Certificates / Continuing Education

Graduate Certificate of Public Health (Expected completion Fall 2018) – New Mexico State University College of Health and Social Services, Las Cruces.

Health Literacy and Communications for Health Professionals by University of Nebraska on Coursera. Certificate earned on December 22, 2016. [Web delivered]

Incident Command System (ICS) Trainings. ICS workshops: 100(a & b), 200, 300, 400, 700, 800, & 909. Federal Emergency Management Agency (FEMA) Certifications. (Completion dates, 2013-2014).

Counseling and Educational Psychology (CEP) 499/598, *Art of Mind/Body Medicine for Helping Professionals in Training*. College of Arts & Sciences, NMSU. (2011).

PROFESSIONAL EXPERIENCES

July 2010 to Present – Associate Professor (tenured)/Extension Health Specialist, Extension Family and Consumer Sciences Program, New Mexico State University Cooperative Extension Service, State-wide responsibilities (100% Extension). Provide direction and support for county programming in health and wellness related programs for adult and youth audiences. Responsible for securing funding, and managing grants including evaluations and reporting of results to administration, funding agencies, and the community-at-large. Population majority is Hispanic.

February 2016 to 2018 – Chair, National Health Literacy Action Team, Extension Committee on Organization & Policy (ECOP). Provide leadership to a national committee comprised of Extension professionals from across the nation to meet the Health Implementation Charge: organize/facilitate monthly conference calls; oversee development of health literacy focused database, curriculum, programs, and educational materials; engage members in professional development including but not limited to hosting webinars, and presenting oral and poster sessions at the local, state, and national levels; serve as liaison between ECOP, other action team chairs, and the health literacy action team members.

December 2012 to August 2014 – Committee member, National Task Force on Health, Extension Committee on Organization & Policy (ECOP). Served on the Chronic Disease subcommittee. Developed the Cooperative Extension's National Framework for Health & Wellness – a framework designed to help guide Extension at the national level in the health arena for the next 3-5 years. Document available at http://www.aplu.org/members/commissions/food-environment-and-renewable-resources/CFERR_Library/national-framework-for-health-and-wellness/file

January 2013 to 2016 – Co-Director Southwest Border Food Protection and Emergency Preparedness Center, New Mexico State University. Serve as PI on Department of Homeland Security Grant, manage multiple accounts that provide funding to the Center: NM Department of Agriculture, Department Workshop Account, and Surplus Account. Serve as point of contact for state partners (e.g., NM Department of Health, NM Environmental Department, State Veterinarians, regulatory agencies, food processors and distributors). Work with Center staff to plan, organize and facilitate programs, workshops, conferences and trainings (e.g., emergency management and preparedness, food protection). Engage county agents in emergency preparedness and organizing/leading County Food Protection Alliances. Establish and manage appropriate use of social media (e.g., blog, FaceBook, Twitter).

July 2012 to January 2013 – Program Specialist, Food Safety Initiative for the Southwest Border Food Protection and Emergency Preparedness Center, New Mexico State University. Provide support, direction and leadership in providing research-based information and materials in the area of food protection, safety and defense at a state-wide level. Work in establishing County Food Protection Alliances and networking those Alliances with the State-level Food Protection Task Force. Participate in and facilitate conference calls, webinars, workshops and trainings. Establish, maintain and serve as point of contact for the NMSU Food Safety blog to provide food recall and allergy alert updates that impact New Mexico and surrounding states.

January 2005 to June 2010 – Assistant Professor of Extension/District Agent, Home Economics Program, University of Alaska Fairbanks Cooperative Extension Service, Juneau/Southeast District. Bipartite Responsibilities (90% Service/10% Teaching): Provide leadership for development and delivery of Extension programs to both adult and youth audiences of diverse cultures, and facilitate the delivery

of other Extension programs as needed. Obtain and distribute a variety of educational materials, utilizing various educational methods, in meeting the needs of clientele within the district. Encourage collaboration, cooperation, and sharing between Extension and other agencies, organizations, and groups serving adults, youth, and families in the district. Populations included Tlingit, Haida, and Tsimshian Native cultures.

Student Involvement

August 2016 to May 2017 – New Mexico State University Graduate-level Internship Supervision. Assist in setting student goals and objectives for the internship. Provide opportunities to work with Cooperative Extension Service professionals at the national level.

Academic Year 2010 – Faculty Co-Advisor, New Mexico State University Association of Family & Consumer Sciences Student Section.

PUBLICATIONS

Selected Peer Reviewed Publications

Koukel, S., Nelson, S., & Morgan-White, V. (Submitted). Preparing rural poor for disaster resiliency: First steps. *Journal of Extension*.

Kaufman, A., Boren, J., **Koukel, S.**, Ronquillo, F. J., Davies, C., & Nkouage, C. (publication pending). Agriculture and Health Sectors Collaborate in Addressing Social. *Annals of Family Medicine*.

Koukel, S. (June 2016). *Designer Drugs: Spice and Bath Salts Guide I-110*. New Mexico State University Cooperative Extension Service, College of Agricultural, Consumer and Environmental Sciences, Las Cruces. [Original] Available at http://aces.nmsu.edu/pubs/_i/1110/welcome.html

Koukel, S. (June 2015). Southwest Border Food Safety and Defense Center: Creative Ideas for Promoting Food Safety and Food Protection. *Journal of Extension*, 53(3). Available at www.joe.org/joe/2015june/iw4.php

Koukel, S. (August 2015). *Playing it Safe in the Animas and San Juan Rivers* (pp. 1). In New Mexico State University Cooperative Extension Service/Agricultural Experiment Station Publications (Ed.). [Original] Available upon request.

Ferrales, D., & **Koukel, S.** (July 2014). *Teens and Self-Cutting (Self-Harm): Information for Parents Guide I-104*. New Mexico State University Cooperative Extension Service, College of Agricultural, Consumer and Environmental Sciences, Las Cruces. [Revision] Available at aces.nmsu.edu/pubs/_i/1104/

Moyers, C., & **Koukel, S.** (2013). *Food Recalls and Alerts: What You Should Know Guide I-109*. New Mexico State University Cooperative Extension Service, College of Agricultural, Consumer and Environmental Sciences, Las Cruces. [Original] Available at aces.nmsu.edu/pubs/_i/1109/welcome.html

Koukel, S. (2013). *Suicide Prevention and Intervention in Schools Guide I-107*. New Mexico State University Cooperative Extension Service, College of Agricultural, Consumer and Environmental Sciences, Las Cruces. [Revision] Available at aces.nmsu.edu/pubs/_i/1107/welcome.html

Koukel, S., & Jimenez, D. C. (2012). *Osteoporosis Guide I-105*. New Mexico State University Cooperative Extension Service, College of Agricultural, Consumer and Environmental Sciences, Las Cruces. [Revision] Available at aces.nmsu.edu/pubs/_i/I105/welcome.html

Koukel, S. (2012). *West Nile Virus: Information for New Mexico Guide I-102*. New Mexico State University Cooperative Extension Service, College of Agricultural, Consumer and Environmental Sciences, Las Cruces. [Revision] Available at aces.nmsu.edu/pubs/_i/I102

Koukel, S. (2012). *Selection and Use of Home Cleaning Products Guide G-304*. New Mexico State University Cooperative Extension Service, College of Agricultural, Consumer and Environmental Sciences, Las Cruces. [Revision] Available at aces.nmsu.edu/pubs/_g/G304.pdf

Newsletters

Koukel, S. (Ed. and contributor). (2013 – Present). Department of Extension Family and Consumer Science Quarterly Newsletter. Topic areas: health across the lifespan, wellness (i.e., mental, physical and spiritual health), community health, healthy homes (e.g., asthma, indoor air quality, mold), and emergency preparedness.

Abdul-Rahman, F., Flores, N., Vanderpool, C., **Koukel, S.**, & Turner, C.W. (2013 – 2014). Department of Extension Family and Consumer Science Quarterly Newsletter.

Abdul-Rahman, F., DelCampo, D., Flores, N., Halderson, K., **Koukel, S.**, & Turner, C. (2010 – 2012). Department of Extension Family and Consumer Science Quarterly Newsletter.

Abdul-Rahman, F., Bock, M. A., **Koukel, S.**, & Turner, C. W. (2010 & 2011). College of Agricultural, Consumer and Environmental Sciences Health and Wellness e-Letter 4(1).

GRANTS SECURED AND MAINTAINED

Koukel, S., & Griffiths, R. (November 2016 – August 2017). *Extension Disaster Education Network (EDEN) Web Content Development*. Purdue University. (\$30,000).

Koukel, S., & Martinez, K. (November 2016 – June 2017). *Manage Your Chronic Disease (MyCD) Program*. New Mexico Department of Health. (\$80,000).

Koukel, S., & Morgan-White, V. (September 2015 – August 2016). *Preparing the Rural Poor for Disaster*. New Mexico State University and Auburn University. National Institute of Food and Agriculture (NIFA). (\$14,438)

Koukel, S., & Dean, T. (August 2014 – June 2016). *New Mexico Drought Resistant Communities*. New Mexico State University and Purdue University. USDA Extension Disaster Education Network/Voluntary Organizations Active in Disaster. (\$11,000)

Koukel, S., Hamilton, K., & Dean, T. (July 2015 – June 2016). Emergency Management Performance Grant Program: Sub-Grant with New Mexico State University Cooperative Extension Service, Las Cruces. New Mexico Department of Homeland Security & Emergency Management. (\$300,000)

Koukel, S., & Hamilton, K. (July 2014 – June 2015, July 2013 – June 2014, July 2012 – June 2013) Emergency Management Performance Grant Program: Sub-Grant with New Mexico State University

Cooperative Extension Service, Las Cruces. New Mexico Department of Homeland Security & Emergency Management. (\$300,000)

Koukel, S. (December, 2013 – November, 2014). *Community Assessment and Education to Promote Behavioral Health Planning and Evaluation (CAPE)*. New Mexico State University Cooperative Extension and Michigan State University. NIFA/USDA & DHHS. (\$18,091)

Koukel, S., & Devall, E. (October 1, 2013 – June 30, 2014). *New Mexico Outreach and Education Project*. New Mexico State University Cooperative Extension and University of New Mexico Health Sciences Center. New Mexico Health Insurance Exchange (NMHIX). (\$100,000)

Koukel, S., & Hamilton, K. (2012 - 2015). New Mexico Food Protection Taskforce and Conference: New Mexico State University Cooperative Extension Service with NM Department of Agriculture, U. S. Food and Drug Administration. (\$10,000 each year)

Koukel, S. (2011 - 2016). *GROW Healthy Kids and Communities: Generating Rural Options for Weight-Healthy Kids and Communities*. New Mexico State University Cooperative Extension and Oregon State University. Childhood Obesity Grant USDA/NIFA. \$25,000.

WEBSITE DEVELOPMENT AND ELECTRONIC RESOURCES

Southwest Border Food Safety and Defense Center facebook (2014 - 2016). Postings include activities promotions, emergency alerts, trainings and workshops, and related information. Available at <https://www.facebook.com/swbfscd>

NMSU Food Safety facebook (2013 - 2016). Archive postings for food recalls and allergy alerts that impact New Mexico and surrounding states (Arizona, Colorado, and Texas). Available at <https://www.facebook.com/pages/NMSU-Food-Safety/481437138583527>

@*NMSUFoodSafety* Twitter account (2013 - 2016). Companion to the Food Safety blog. Created to reach a wider audience and for those individuals who do not use other types of social media.

NMSU Food Safety Blog (2012 - 2016). Created in response to NMSU Extension agents' request for an online site for archived food recalls and allergy alerts. Available at nmsufoodsafety.blogspot.com

PRESENTATIONS

Professional Conferences

International

Kaufman, A., & **Koukel, S.** (2012, October). *Health Extension and Health Professions Education: Addressing the Social Determinants of Disease*. Rendez-Vous 2012 International Conference, Thunder Bay, Ontario, Canada. [Oral, Accepted]

Dinstel, R., Cascio, J., & **Koukel, S.** (2012, August). *The Antioxidant Level of Alaska's Wildberries: High, Higher and Highest*. 15th International Congress on Circumpolar Health, Fairbanks, AK. [Oral, Accepted]

National

White, V., **Koukel, S.,** & Nelson, S. (2016, October). *Culture and Poverty: First Steps in Preparing Rural Poor for Disaster Resiliency*. Extension Disaster Education Network (EDEN) 2106 Annual Meeting, Ithaca, NY. [Oral, Accepted]

Koukel, S., Barlage, L., Bercaw, S., Crevier, N., Gibson, J., Letto, B., Malekian, F., Newkirk, C., & Quade, L. (2016, September). *Cooperative Extension and Health Literacy: A National Focus*. 2016 National Extension Association of Family & Consumer Sciences Annual Session & Exhibits, Big Sky, MT. [Oral, Accepted]

Koukel, S. (2016, June). *Valley Fever Disease: The Zebra Among the Horses*. National Environmental Health Association (NEHA) 2016 Annual Educational Conference and HUD Healthy Homes Conference, San Antonio, TX. [Oral, Accepted]

Koukel, S., & Gibson, J. (2016, May). *Cooperative Extension's National Focus on Health Literacy*. 2016 Integrated Healthcare Association (IHA) Annual Health Literacy Conference, Anaheim, CA. [Accepted Poster Presentation]

Koukel, S., Barlage, L., Bercaw, S., Crevier, N., Gibson, J., Letto, B., Malekian, F., Newkirk, C., & Quade, L. (2016, April). *Health Literacy: Impacts on Individual and Public Health*. 2016 National Health Outreach Conference, Roanoke, VA. [Oral, Accepted]

Koukel, S., & Davies, C. S. (2015, May). *Building the Health Extension Movement: Innovative Collaboration between Cooperative Extension Service and Academic Health Centers to Improve Community Health*. 2015 National Health Outreach Conference, Atlanta, GA. [Invited Panelist]

Koukel, S. (2014, July). *Overview of the Extension Framework on Health*. Health Extension Summit, University of Georgia, Athens, GA. [Invited Speaker]

Koukel, S. (2014, March). *Improving Health in America: A Framework for Extension's Second Century*. National Extension Directors and Administrators and Cooperative Extension Section Annual Business Meeting. National eXtension Conference, Sacramento, CA. [Invited Panelist]

Koukel, S. (2013, September). *Invocation*. National Extension Association of Family & Consumer Sciences Awards Ceremony. JCEP Galaxy IV Conference, Pittsburgh, PA. [Invited Speaker]

Koukel, S. (2013, September). *What's Hiding in Your Personal Care Products?* 2013 National Environmental Health Association Annual Educational Conference and Exhibit, Washington DC. [Oral, Accepted]

Koukel, S. (2013, April). *Extension Council on Policy National Task Force Session*. Priester National Extension Health Conference, Corvallis, OR. [Invited Panel Member/Moderator]

Koukel, S. (2013, February). *Interface between Primary Care and Public/Community Health: An Introduction to Cooperative Extension Service*. First National Primary Care Extension Program Conference, Oklahoma City, OK. [Invited Panel Member]

Freeman, J., Kaufman, A., **Koukel, S.,** Murray, D., Nkouaga, C., & Rennekamp, R. (2012, April). *Invited Session: Health Extension – Cooperative Extension and Medical Extension, Creating a Win-Win Collaboration*. 2012 Priester National Extension Health Conference, Washington DC. [Invited Panel Member]

Koukel, S. (2011, October). *Learning from Each Other – Partnerships*. Health Extension Toolkit End-User Panel Meeting, University of New Mexico Health Sciences Center, Albuquerque, NM.
[Invited Panel Member]

vanDelden, K., Dinstel, R. R., **Koukel, S.**, Cascio, J., Tannehill, L., Albertson, L. (2010, September). *A multimedia distance delivery approach to rural community education*. 2010 National Extension Association of Family & Consumer Science Annual Session & Exhibits, Portland, ME.
[Oral, Accepted]

National Webinars

Koukel, S., & Malekian, F. (2016, March). *Cooperative Extension's National Focus on Health Literacy*. American Association of Family & Consumer Sciences. Members Only Professional Development. National. [Accepted]

Koukel, S., Kaufman, A., & Nkouaga, C. (2015, March). *Extension for Health in New Mexico*. eXtension.org. National. [Accepted]

PRESENTATIONS: Regional/State/Local

Koukel, S. *Cooperative Extension's Framework for Health & Wellness: Health Literacy*. [Invited Speaker]

- (2016, December). Chronic Disease Prevention Council (CDPC), NM Department of Health, Albuquerque, NM.
- (2016, June). Border Breakfast Bunch, Office of Border Health, Las Cruces, NM.
- (2016, March). Cooperative Extension In-service, New Mexico State University Extension Service, Las Cruces.

Koukel, S. *Stress Management and Chocolate: What's the Connection?* [Invited Speaker]

- (2016, August). 38th Annual NM Conference on Aging. NM Aging and Long-Term Services Department, Albuquerque, NM.
- (2016, May). New Mexico State University Nursing Program Faculty, College of Health and Social Services, Las Cruces.

Koukel, S. (2016, August). *NM Health Extension Ambassadors in Rural Towns (HEART) Program*. Tobacco Settlement Revenue Oversight Committee. [Invited Speaker]

Koukel, S. (2016, February). *Chocolate Therapy: Dare to Explore Your Inner Center*. NM County Home Economics Clubs, Cooperative Extension Service, Belen. [Invited Speaker]

Koukel, S. *Gardening and Arthritis* [Invited Speaker]

- (2015, October). NM Bernalillo County Extension Service, Albuquerque.
- (2015, October). NM Valencia County Extension Service, Los Lunas.
- (2015, August). Strengthening Families Initiative Program, New Mexico State University College of Agriculture, Consumer and Environmental Sciences, Las Cruces.
- (2015, August). Union County Extension Service, New Mexico State University Cooperative Extension, Clayton.
- (2015, July). Dona Ana County Extension Master Gardener Program, New Mexico State University Cooperative Extension, Las Cruces.

Koukel, S. *Playing and Working Safely in the Southwest Sunshine* [Invited Speaker]

- (2015, August). New Mexico Conference on Aging, NM Aging and Long-Term Services Department, Albuquerque.
- (2014, May). Dona Ana County Extension Master Gardener Program, New Mexico State University Cooperative Extension, Las Cruces.

Koukel, S. (2015, March). *Emergency Preparedness*. New Mexico State University Cooperative Extension and NM Department of Homeland Security. [Invited Speaker]

Koukel, S. (2014, October). *Creating Healthy Communities: Learning from the Extension Model*. Kansas State University, Manhattan. [Invited Panelist]

Koukel, S. (2014, August). *What Toxins are Hiding in Your Personal Care Products?* 36th Annual NM Conference on Aging. NM Aging and Long-Term Services Department, Albuquerque, NM. [Invited Speaker]

Koukel, S. (2014, July). *Overview of the Extension Framework on Health*. Health Extension Summit, University of Georgia, Athens. [Invited Speaker]

Koukel, S. (2014, April). *Stress Management through Chocolate?* Valencia County Cooperative Extension Service, New Mexico State University Cooperative Extension, Los Lunas. [Invited Speaker]

Koukel, S. (2013, December). *Stay Prepared: Don't Wait for the Emergency. All Hazards Incident Preparedness*. 2014 Joint Stockmen's Convention, Albuquerque, NM. [Invited Speaker]

Koukel, S. *A Guide to Food Storage for Emergencies* [Invited Speaker]

- (2016, July). NM Association of Family & Consumer Sciences Regional Conference, Carlsbad.
- (2016, November). NM Association of Family & Consumer Sciences Regional Conference, Albuquerque.
- (2013, May). District II Extension Association of New Mexico, Raton.
- (2013, April). District IV Extension Association of New Mexico, Alamogordo.
- (2013, February). Eastern District/State Inservice Meeting. New Mexico State University Cooperative Extension, Roswell.
- (2012, November). San Miguel and Mora County Agriculture Day Conference & Resource Fair. New Mexico State University Cooperative Extension, Las Vegas, NM.

Koukel, S. *New Mexico State University Food Protection Blog* [Invited Speaker]

- (2013, March). New Mexico State University Cooperative Extension Service In-Service, Las Cruces.
- (2013, February). New Mexico State University Cooperative Extension Service, Eastern District In-Service, Portales.

Koukel, S. (2013, March). *The Southwest Border Food Safety and Defense Center*. Graduate Seminar. New Mexico State University, Department of Animal and Range Sciences, Las Cruces. [Invited Speaker]

Koukel, S. (2013, August). *The Body Quiz: How Body Smart are You?* New Mexico State University Cooperative Extension Service, Chaves County Home Economics Club members and general public, Roswell, NM. [Invited Speaker]

Jimenez, D., & **Koukel, S.** (2012, August). *Building Better Bone Health through the StrongWomen™ (and men) Program*. 34th Annual NM Conference on Aging. NM Aging and Long-Term Services Department, Albuquerque. [Invited Speaker]

Koukel, S. (2012, July). *Food Safety & Security in a Global Market*. NM Centennial Event Agriculture Field Day & Open House, New Mexico State University Agricultural Science Center, Farmington. [Invited Speaker]

Collins, M., Jimenez, D., & **Koukel, S.** (2012, June). *StrongWomen™ Strong Bones and StrongWomen™ Healthy Hearts* programs. Evidence-based Programs Symposium, New Mexico Healthy Aging Collaborative. Albuquerque. [Invited Speaker]

Koukel, S. (2012, May). *Home Economics in Alaska Cooperative Extension*. Soroptimist International of the Americas Las Cruces Chapter, Las Cruces [Invited Speaker]

Koukel, S. *Indoor Air Quality and Mold*. [Invited Speaker]

- (2012, May). Bernalillo Public Schools and New Mexico State University Cooperative Extension Service, Integrated Pest Management Program, Bernalillo.
- (2012, March). New Mexico Public School Integrated Pest Management Workshop. New Mexico State University Albuquerque Center, Albuquerque.

Eastman, W., Montañez, M., Chavez, M., Bartley, S., & **Koukel, S.** (2012, April). *Connecting professionals: Leadership in action*. New Mexico Association of Family & Consumer Sciences 2012 Annual Conference. Las Cruces. [Panel Member]

Koukel, S. *Open the Door to Home Safety: Awareness is the Key!* [Invited Speaker]

- (2012, August). Bernalillo County Home Economics Organization, New Mexico State University Cooperative Extension Service, Albuquerque.
- (2012, May). Colfax County Home Economics Club, New Mexico State University Cooperative Extension Service, Raton.
- (2011, October). Extension Association of New Mexico Regional Conference, Ruidoso.

Koukel, S. *Bang Your Head and Other Ways to Manage Stress*. [Invited Speaker]

- (2012, March). New Mexico State University Family Resource Management undergraduate students, Family & Consumer Sciences Department, College of Agricultural, Consumer and Environmental Sciences, Las Cruces.
- (2012, February). New Mexico State University Cooperative Extension Service Santa Fe County 4-H Leaders' Training, Santa Fe.
- (2011, November). Small Farm and Ranch Task Force, New Mexico State University Cooperative Extension Service, – Northern Region, Albuquerque.
- (2011, September). New Mexico State University Cooperative Extension Service Curry County Home Economics Club, Clovis.
- (2011, March). New Mexico State University Cooperative Extension Service Chaves County Extension Association and General Public, Roswell.

Koukel, S. (2011, October). *Cooperative Extension Service: A Career Path for Family and Consumer Sciences Majors*. New Mexico State University Family & Consumer Sciences (FCS) students, FCS Department, College of Agricultural, Consumer and Environmental Sciences, Las Cruces.
[Invited Speaker]

Koukel, S. (2011, January). *Considerations for Possible Herb-Drug Interactions*. New Mexico State University Cooperative Extension Service Bernalillo County Extension Association. Albuquerque.
[Invited Speaker]

Bartley, S. J., & **Koukel, S.** (2011, April). *Fostering Connections for FCS Teachers; Culinary Arts Instructors; Family, Career, Community Leaders of America (FCCLA) Advisors and Alumni; Extension Professionals; and Interested Students*. New Mexico Association of Family & Consumer Sciences Annual Meeting. Portales.
[Invited Speaker]

Koukel, S., Moyers, C. S., Pace, L. N., Turner, C. W., & Wells, L. S. (2011, April). *Cooperative Extension from A to Z*. New Mexico Association of Family & Consumer Sciences Annual Meeting. Portales.
[Panel Member]

Koukel, S. (2010, September). *Is it Really a Pandemic and Other Health Concerns*. New Mexico State University Cooperative Extension Service, 43rd Agricultural and Home Economics Seminar, Tucumcari.
[Invited Speaker]

Koukel, S. (2010, September). *The Body Quiz: How Body Smart Are You?* United States Farm Service Agency. Southern New Mexico Women in Agriculture, Las Cruces. [Invited Speaker]

SELECTED HONORS, AWARDS OR OTHER RECOGNITION OF EXCELLENCE IN EXTENSION

Koukel, S. (2015, October). Extension Professional of the Year – New Mexico Association of Family & Consumer Science.

Davies, C., Beiser, C., **Koukel, S.**, & Hamilton, K. (2014, July). Awards of Excellence – Regional Qualifying Programs: *Emergency Preparedness for the Home*. Western Extension and Research Directors.

Koukel, S. (2013, July). Awards of Excellence – Regional Qualifying Programs: *New Mexico County Food Protection Alliances*. Western Extension and Research Directors.

Koukel, S. (2013, March). Early Career Award, Epsilon Sigma Phi - Epsilon Chapter.

Koukel, S. (2008, September) Western Region Communications and Public Relations Awards: 1st Place Written, National Extension Association of Family & Consumer Science (NEAFCS).

Koukel, S. (2008, June). Certification of Completion, Western Extension Leadership Development (WELD) Program IV.

PROFESSIONAL AFFILIATIONS

American Public Health Association (APHA) (2016 – Present).

New Mexico Chronic Disease Prevention and Control Council (NMCDPC), (2015 – Present).

New Mexico State University College of Agriculture, Consumer and Environmental Sciences (NMSU ACES) Extension Specialist Association (2012 – Present). Secretary (2015 – 2016).

Soroptimist International of the Americas, Las Cruces Chapter (SILC), (2011 – Present).

- Two-year Director (2013-2015).
- President (2012).

National Environmental Health Association (NEHA), (2010 – Present).

- New Mexico Affiliate (NMEHA), (2010 – Present). Board of Directors (2015 – 2106).
- Southern NM Public Health Conference, Las Cruces. Co-planner/Facilitator (2015, September).

Extension Disaster Education Network (EDEN), (2010 – Present).

- Host/Member, 2014 Annual Session Planning Committee (2012 - 2014).
- Information Clearinghouse Committee (2010 - Present) Chair (2013 – 2014), Chair-Elect (2010 – 2013).
- Point of Contact/Delegate for NMSU (2012 – Present).

Epsilon Sigma Phi (2006 – Present).

National Extension Association of Family & Consumer Sciences (NEAFCS), (2005 – Present).

- National Officer, Vice President for Professional Development (2012 – 2014).
- Charter Member, NEAFCS Webinar Subcommittee (2012 – Present).
- Member, Operations Subcommittee, Galaxy IV Conference, Pittsburgh, PA (2013).
- Member, Opening Ceremony Committee, Annual Conference, Albuquerque, NM (2012).
- Chair (2011), Chair-Elect (2010), Registration Subcommittee of the Professional Development Subcommittee for the National Annual Conference (2011).

New Mexico Affiliate (NMEAFCS), (2010 – Present). Vice-President Public Affairs (2016 – 2017).

Alpha Chi Honor Society, New Mexico State University (1999). Lifetime Member.

American Association of Family and Consumer Sciences (AAFCS), (1997 – Present).

New Mexico Affiliate (NMAFCS), (2010 – Present). Treasurer (2011 – 2013).